

HorsePlay Hippotherapy & Therapeutic Riding, Inc.

Volunteer Information Sheet

Criteria for volunteers are as follows:

- Be at least 14 years of age with adequate maturity, physical size and ability.
- Be able to walk for at least an hour and be able to jog occasionally.
- Experience with horses is desirable but not necessary

All volunteers will have some basic training before they actually become physically involved in the program. It is our goal to provide professional development opportunities for our instructors so they can ensure the highest quality and most innovative therapeutic experience for our riders. A training session (or sessions) will be held to familiarize prospective volunteers with their responsibilities. Sessions will include: program structure and objectives, special equipment, basics of handicapping conditions, CPR and first aid, tour of the facilities to be used, demonstration of horse handling, safety precautions, handling handicapped riders, practice session, and opportunity for discussion. Each volunteer will receive a packet which includes material from the training session(s) as well as the phone number of the Program Director, Equestrian Center, a schedule, safety rules, etc.